



The Capital

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The Shelf

Clothing guide lets 'er rip: When you turned those old jeans into cutoffs, little did you know you were dabbling in deconstruction fashion.

Fashion designer and consultant Elissa Meyrich takes that art a bit further with "Rip It! How to Deconstruct and Reconstruct the Clothes of Your Dreams."

The guide teaches simple techniques for altering clothing to make a fashion statement. Projects include fitting and embellishing T-shirts, turning a sweatshirt into a cardigan, making a tote from a sweater and turning straight-leg jeans into bell bottoms.

"Rip It!" is published by Fireside Books, a division of Simon & Schuster, and sells for \$15 in paperback.